

# COACHES NEEDED!



**Girls on the Run is looking  
for coaches at your school!**

Get up, get out, and come prepare a group of girls for a lifetime of self-respect and healthy living. In between the high fives and cheers, these girls will look up to you as a model of what it means to live confidently. You've got it. Help them get it too.

**What do you say, coach?  
Changing lives begins with signing up.**

**Want to volunteer? Contact Sophie at:  
[sophie.ohaus@girlsontherun.org](mailto:sophie.ohaus@girlsontherun.org)**

Girls on the Run Rockies  
(720)879-2354  
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